

# Looking into the Design of Accessible Musical Instruments for Musicians with Physical Disabilities

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# Introduction and Literature Review

With a longstanding history of usage for human creativity and expression as well as an opportunity for professional career development, music performance has been and must remain accessible to all those who desire to learn, perform, or enjoy it. Though the nature of music performance varies drastically today due to the availability of electronic instruments and audio technology in music venues, it is vital that accessibility and equity is ensured for performers of all sectors; from classical performers, to pop artists, to digital music performers and beyond. As outlined in Article 27 of the United Nations' Declaration of Human Rights [1], "Everyone has the right to freely participate in the cultural life of the community, to enjoy the arts and to share in scientific advancements and its benefits". Furthermore, Article 19 of this document states that "Everyone has the right to freedom of opinion and expression (...)". An increase in global awareness of diversity inclusion has led the United Nations among other leading humanity-driven organizations to emphasize a need for unrestricted access to the arts, and the removal of "barriers of entry" into certain workforces due to factors including but not limited to physical ability, race, gender, sexual orientation, or religion. Recognition of and removal of such barriers will ensure that all individuals may freely enjoy life, work, and expression of creativity. To create an equitable and just society, all musicians deserve to be offered opportunities to create music, and above all, to have access to music education that addresses all their needs and provides an effective and appropriate learning experience for them. Despite this, music-making is unfortunately not easily accessible for everyone. In its 2017-2018 data report of equality and diversity in creativity, Arts Council England [6] determined that only 3% of managers and 3% of directors at nationally recognized art organizations identify as disabled. In professional music organizations, the report states the London Symphony Orchestra, which remains England's most prestigious and successful orchestral group, only 1% of its staff identifies as disabled. Other major music performance organizations, including the Bristol Music Trust, North Music Trust, Philharmonia Orchestra, and Royal Liverpool Philharmonic Society, were all reported to have a disabled staff population of an estimated 2-3%. [6].

An overwhelming lack of accessibility and disabled representation in music has long created challenges for those individuals with physical disabilities looking to learn or perform music at a professional level - with much of this inequity coming from a lack of accessible instruments themselves. As stated by developers of the Strumni, a hybrid accessible guitar, engineers of accessible instruments hope to support "... a community for whom access barriers to music-making exist, and for whom design could play a part in lowering and removing those barriers. These barriers are subtle, however. It is not simply a case of measuring and assessing individuals' functional limitations and designing a system to alleviate them. Often the barrier to access is a social, rather than a technical one, and the solution might simply be a change in

environment. In our case, we were interested in the effects of the cultural associations that come with an instrument." [7]. Thus, the development of an accessibly-engineered instrument provides more than the ability to play music that it may supply to a user, but the cultural support and encouragement of disabled representation in music performance that these devices may cultivate, to see an eventual increase in the involvement of disabled musicians in professional music spaces. Due to the growing audience of individuals with disabilities, demand for accessible music is increasing, yet the current market of accessibly-engineered instruments is often too under researched and underdeveloped to support this demand. Thus, the music industry has become a necessary and promising endeavor for engineers and designers.

Recent efforts by software designers and instrument developers have created new opportunities in accessible music, through invention of entirely new instruments, adapted instruments, or musical accessories. In a survey of hands-free music devices conducted by Davanzo and Avanzini, it was found that "... the majority of the available channels is under-explored or completely unexplored. Many of these have potential for musical interactions, therefore future works should aim at exploiting them. Similarly, there is space for exploring different mappings strategies and more complex mapping cardinalities." [8]. Though prior research has proven the presence of design and study of accessible music instruments, further study must be done to determine how prototypes and past concepts have been effectively used by physically disabled musicians, whether intended for that audience or otherwise proven useful to that audience. It is vital that we analyze both availability and functionality of existing adapted instruments to clarify the needs of physically disabled music performers and prioritize broader equity in music.

In engineering education, this area of study is severely underrepresented, meaning many engineers may not even consider the industry as a potential area of involvement. The findings of this study may not only demonstrate how rare and inaccessible these instruments currently are due to a lack of widespread attention and development, but also outline what the major areas of concern are when designing these instruments. As it is an interdisciplinary subject, combining design and product development with music and equity in a professional field, inclusion of adapted instruments in the breadth of engineering education curriculums and research can not only improve the experience of physically disabled musicians, but also enable engineering students to develop a broader understanding of how engineering can be used to close gaps in equity.

#### **Definitions and Terminology**

The definitions provided below in Table 1 are used to refer instruments in groups based on their general purpose and functionality. Usage of such definitions allows distinction between the way in which engineers created the device, and what outside resources may be needed for the instrument to function, such as a computer to run a software or a speaker system. Additionally,

definitions are used to clarify whether the engineer of a certain instrument had the intention for their device to be used by physically disabled musicians, versus those which have been used as such without the engineer's specific intent.

| Accessible Instruments | Overarching term used to describe<br>instruments which are designed specifically to<br>accommodate the access needs of disabled<br>musicians. |
|------------------------|---|
| Physical Instruments   | Instruments which are strictly acoustic or<br>controlled with simple electronics and do not<br>require digital software to produce sound.     |
| Hybrid Instruments     | Instruments which require a physical device<br>in addition to a digital software to be<br>operated.   |
| Digital Instruments    | Instruments which are solely composed of<br>software or electronic controllers and do not<br>require a physical device.                       |

Table 1. Definitions

# Methods

To conduct a comprehensive review of the accessible musical instruments, we followed the method outlined by Yu and Roque (2019) [3], and Ehsan and Beebe (2018) [4]. The review method, called a survey analysis, required us to conduct multiple extensive internet searches. focusing especially on recommendations by organizations for physically disabled musicians and academic articles detailing the usefulness of new music technology towards this audience (i.e. "OHMI Trust" and "Drake Music"). We reviewed websites of currently developing technology as well as commercially available products, provided that a background of the product's functionality was available. Upon researching qualifying instruments, all were required to have some publicly accessible information detailing its usefulness to a physically disabled musician. which may be explained by the instrument designers themselves or by an outside party such as a testimony from a physically disabled musician to confirm the product's success in aiding them to perform or learn music, even if the device's original designer had not considered this as a primary feature of the instrument during the design process. The result of our search gave us 20 instruments. We then utilized content analysis [5], to review the instruments themselves and the common features are in them all. Patterns in the data were found via comparison of various instruments and commonalities within certain categories (Table 2 and 3).

# Findings

After surveying and evaluating all the total of 20 instruments, we organized the instruments into two major categories as "Devices Designed With Specified Intention for Use by Musicians with Disabilities" with 13 instruments and "Devices Designed Without Specified Intention for Use by Musicians with Disabilities" with 7 instruments. Each instrument was then further organized into categories of physical, hybrid, or digital instruments. All were then closely examined, with recorded data including but not limited to the product's name, its commercial availability, its functionality, and how much prior musical experience a user may be expected to have before using the instrument. To develop our findings on the impacts of each design category, we determined percentages of instruments which fit certain criteria to determine trends within the design of currently available and successful accessible instruments. Our primary goal was to determine what were the most common elements of a successful accessible instrument, as well as examine the current commercial availability and accessibility of these instruments.

We first examined the impact of intention of the designer; whether the creator intended for their device to be used by physically disabled musicians, or whether this intention was not explicitly stated / a primary focus of the instrument's design. In our review, we found that of all surveyed instruments proven to be useful to physically disabled users, 65% were designed with the specific intention of use by disabled musicians, implying that in order to create an instrument which is accessible to a wide range of physical ability, the physically disabled demographic should be considered during the design process of a new instrument.

In examining commercial availability and price of accessible instruments, we determined that 60% of instruments were commercially available at the time of research, 35% of which were instruments not designed specifically for disabled users. However, only 25% of all instruments were available for less than \$200 USD.

In examining functionality of these devices and adaptability of an accessible instrument to a wide range of physically disabled users, we found that 3 of all 20 instruments were designed with the intention to be controlled in multiple different ways - i.e compatible with both breath control and hand movement. Most instruments targeted a single method of user input.

In examining the design and aesthetic inspiration for these instruments, it was determined that of all 7 instruments not designed specifically for disabled users, 6 were classified as "new instruments", meaning they did not intentionally imitate the design or structure of an existing instrument and were designed with consideration as an alternative to traditional musical instruments. Meanwhile, of all 13 instruments designed specifically for disabled users, 7 were intended to mimic traditional musical instruments, in both design and sound production, typically labeled as "adapted versions" of an existing musical instrument.

In examining the intended audience of an accessible musical instrument, we studied both the intended age of a user as well as their expected level of musical experience. In total, 8 of all 20 instruments were either intended for children or intended for all ages, with 6 of these being instruments designed specifically for users with disabilities. All of these 8 devices required little initial musical knowledge, and 7 out of the 12 devices created with specified intent were intended for adults with prior musical experience, due to their tendency to replace or modify an already existing instrument.

|                         | Product<br>Name  | Technology  | Functionality   | Parts   | Adaptability /<br>Size   | Range of<br>Musical<br>Complexity  | Intended Level of<br>User's Musical<br>Knowledge / Age   | Aesthetic of<br>Design   | Price and<br>Availability   |
|-------------------------|--|---|---|---|--|--|--|--|---|
| Physical<br>Instruments | Enabling<br>Devices<br>Adapted<br>Instruments<br>[11]. | Mechanical or<br>battery<br>powered and<br>controlled by<br>various<br>compatible<br>switches sold<br>separately. | Switch<br>capabilities<br>available<br>include<br>squeezing,<br>head motion,<br>blinking, "sip<br>and puff",<br>which trigger<br>an instrument<br>to sound. | Simplistic<br>buttons,<br>keys, etc.<br>Generally<br>composed of<br>a basic<br>music-makin<br>g device and<br>a switch.                             | Interchangeable<br>switches allow<br>the user to build<br>their own<br>instrument<br>customized to<br>their needs.<br>Varies by<br>instrument. | Usually produces<br>a fixed sound or<br>song played<br>through<br>speakers, or<br>device sounds<br>acoustically with<br>limited variation.         | Aimed towards<br>beginners and<br>students of music,<br>used primarily to<br>improve<br>communication<br>skills. Primarily<br>children.    | Bright colors<br>and<br>simplistic<br>design<br>intended to<br>appeal to<br>children and<br>resemble<br>other toys.                              | Varies by<br>instrument,<br>between \$100<br>and \$500.<br>Available for<br>purchase.   |
|                         | Special Needs<br>Toys Musical<br>Instruments<br>[12].  | Mechanical/ac<br>oustic, some<br>battery<br>operated.   | Controlled<br>through simple<br>body motion<br>such as taps or<br>pressing<br>buttons.  | Simplistic<br>buttons,<br>keys, etc.<br>Generally<br>composed of<br>a basic<br>music-makin<br>g device and<br>occasional<br>drumstick or<br>mallet. | Most devices are<br>not adjustable,<br>with<br>pre-determined<br>controls. Varies<br>by instrument.  | Usually produces<br>a fixed sound or<br>song played<br>through<br>speakers, or<br>device sounds<br>acoustically with<br>limited variation.         | Aimed towards<br>beginners and<br>students of music,<br>used primarily to<br>improve<br>communication<br>skills.<br>Primarily children.    | Bright colors<br>and<br>simplistic<br>design<br>intended to<br>appeal to<br>children and<br>resemble<br>other toys.                              | Varies by<br>instrument,<br>most less than<br>\$100 but<br>select few are<br>roughly<br>\$1000.<br>Available for<br>purchase. |
|                         | One-Handed<br>Clarinets<br>[ <u>13</u> ].              | Fully acoustic  | Controlled<br>through<br>pressing of<br>keys to produce<br>specific notes.<br>Sound<br>produced by<br>the user's<br>breath on<br>clarinet reed.             | Instrument,<br>hanging<br>stand<br>attachable to<br>neck, reeds,<br>and stand.  | Available in<br>right-hand or<br>left-hand<br>versions.<br>Handheld, same<br>size as typical<br>clarinet.                                      | All notes and<br>tones of a<br>clarinet are<br>available and<br>other music<br>techniques can<br>be controlled by<br>the user's breath<br>control. | Intended for users<br>familiar with<br>playing a typical<br>clarinet or with<br>access to music<br>education classes.<br>Primarily adults. | Styled after<br>traditional<br>clarinet and<br>similar in<br>structure;<br>adapted to be<br>playable with<br>only one<br>hand instead<br>of two. | £6000.00;<br>available for<br>purchase but<br>handcrafted<br>by designer<br>and made to<br>order.                             |

Table 2: Devices Designed With Specified Intention for Use by Musicians with Disabilities

|                       | Adaptive<br>Acoustic<br>Guitar [ <u>14</u> ]. | Acoustic, with<br>a small<br>electrically<br>powered<br>system<br>enabling ease<br>of playing<br>chords.   | Users push<br>buttons along<br>the neck of the<br>guitar rather<br>than forming<br>chords on the<br>frets of the<br>guitar.                                | Guitar,<br>electrically<br>powered<br>control<br>system   | Brightly colored<br>buttons replace<br>the need for<br>complex chord<br>hand positions.<br>Same size as a<br>typical acoustic<br>guitar.  | Similar range of<br>musical<br>complexity to a<br>guitar, with some<br>limited chord<br>availability but<br>full strumming<br>techniques<br>possible. | Intended for both<br>beginners and<br>seasoned guitar<br>players. Available<br>for all ages,<br>primarily adults.                   | Resembles a<br>typical<br>acoustic<br>guitar,<br>brightly<br>colored<br>buttons<br>indicate<br>different<br>chords and<br>lay along the<br>neck. | \$1499.99<br>CAD.<br>Available in<br>other types of<br>guitars.<br>Shipping<br>approximately<br>4 weeks with<br>limited<br>supply. |
|-----------------------|---|--|--|---|---|---|---|--|--|
| Hybrid<br>Instruments | Jamboxx<br>[ <u>15</u> ].                     | Powered via<br>USB, plays<br>notes through<br>MIDI<br>software.  | Controlled<br>through breath,<br>by sipping or<br>blowing on the<br>mouthpiece.  | Mouthpiece,<br>frets (pro<br>version<br>only), USB<br>and audio<br>ports,<br>attachable<br>stand. | Can be held with<br>one or two hands<br>or with an<br>attachable stand;<br>adjustable to the<br>user's lung<br>capacity.<br>Handheld,<br>similar in size to<br>a harmonica.   | Changeable by<br>instrument,<br>pitch, key,<br>volume, and<br>rhythm through<br>the software.   | Two versions<br>available, one<br>suitable for<br>beginners and one<br>suitable for more<br>experienced<br>performers. All<br>ages. | Modeled<br>after a<br>harmonica,<br>playable as<br>any<br>instrument/g<br>enre.  | Music<br>Therapy<br>Version:<br>\$279. Pro<br>version: \$399.<br>Currently<br>delayed<br>production.                               |
|                       | Kellycaster<br>[ <u>16</u> ].                 | Electrically<br>powered and<br>connected to a<br>keyboard and<br>device running<br>MIDI<br>software. A<br>signal is<br>collected from<br>the strings and<br>run through a<br>Bela board. | A user strums<br>the guitar<br>strings and<br>selects a chord<br>or note on a<br>keyboard.<br>Sound is<br>produced and<br>altered through<br>the software. | Guitar,<br>keyboard,<br>and digital<br>software.  | Designed with a<br>short neck to<br>allow easier<br>strumming of<br>guitar string,<br>while the user's<br>other hand<br>selects chords on<br>a keyboard.<br>Slightly smaller<br>and shorter than<br>a typical guitar. | Same range of<br>notes and tones<br>as a typical<br>electric guitar,<br>other features<br>adaptable<br>through the<br>supplemental<br>software.       | Intended for users<br>familiar with<br>music and guitar<br>performance.<br>Adults.  | Originally<br>modeled<br>after Fender<br>Telecaster,<br>intended to<br>resemble a<br>traditional<br>guitar.                                      | Not currently<br>for sale;<br>ongoing<br>development   |
|                       | AirHarp [ <u>17</u> ].                        | An electrically powered  | Controlled with a sweeping   | AirHarp,<br>compatible  | Bright colored for users with   | Most adaptations to music   | Primarily<br>beginners in music   | Created in plywood   | Not currently for sale   |

|                                       | sensor<br>responds to<br>user input and<br>relays it to a<br>digital music<br>software.   | hand motion,<br>which triggers<br>a sensor and<br>interacts with<br>the attached<br>software.  | software and computer.   | limited vision<br>and any note can<br>be performed by<br>pre-set motions<br>of the body.<br>Attached to a<br>wheelchair for<br>ease of use.  | produced can be<br>done through the<br>attached<br>software.  | performance.<br>Designed<br>specifically for a<br>sole user, who is<br>an adult.  | with brightly<br>colored<br>buttons for<br>maximum<br>visibility.                           |  |
|---------------------------------------|---|--|--|--|---|---|---|--|
| Adapted Bass<br>Guitar [ <u>10</u> ]. | Bass guitar<br>which allows<br>fretting to be<br>controlled by<br>an external<br>MIDI-powered<br>controller.  | A user<br>strummings or<br>picks the<br>guitar's typical<br>strings while<br>attaching a<br>controller<br>which selects<br>the note<br>robotically.            | Adapted bass<br>guitar with<br>mechanical<br>fretting<br>device, MIDI<br>controller,<br>computer or<br>Bela board. | A variety of<br>separately sold<br>MIDI controllers<br>allow users to<br>play the bass<br>with hand and<br>select a note<br>separately with a<br>controller of their<br>choice. Slightly<br>smaller and<br>shorter than bass<br>guitar.                            | Similar to typical<br>bass guitar, the<br>user is able to<br>play a full range<br>of musical<br>technique with<br>the<br>single-handed<br>strumming.                                | Ideal for<br>professional level<br>players already<br>familiar with<br>music or bass<br>guitar<br>performance.<br>Typically adults.     | Styled in<br>wood to<br>model a<br>typical bass<br>guitar.                                  | Not currently<br>for sale  |
| KeyWI [ <u>18</u> ].                  | The KeyWI<br>works via a<br>breath<br>pressure<br>sensor and<br>MIDI<br>keyboard,<br>connectable to<br>a software<br>system<br>through a Bela<br>board. | Users breathe<br>into a<br>mouthpiece,<br>triggering a<br>sound and<br>controlling its<br>volume. Pitch<br>is controlled<br>using the<br>attached<br>keyboard. | Keyboard,<br>mouthpiece,<br>compatible<br>device and<br>audio<br>software.   | Breath control<br>allows for a more<br>intricate system<br>of controls with<br>limited physical<br>input, and<br>sensitivity of<br>response to input<br>can be altered to<br>the user's needs.<br>Playable with<br>two hands,<br>similar in size to<br>a melodica. | Varied breath<br>input allows for<br>change in<br>dynamics, with a<br>wide range of<br>pitches playable.<br>Specific sound<br>features may be<br>changed through<br>audio software. | Desirable for those<br>who may not be<br>familiar with<br>specialized<br>woodwind<br>instruments and<br>fingering.<br>Typically adults. | Aims to be<br>an<br>"electronic<br>wind<br>instrument" -<br>modeled<br>after a<br>melodica. | Remains in<br>early phases<br>of<br>development;<br>not currently<br>for sale. |
| OrchLab                               | An ordinary   | Pitch is   | Touch  | Can be played  | Pitches and   | Specialized to  | Uses a  | In early   |

|                        | Touch<br>Trombone<br>[ <u>19</u> ].          | trombone is<br>fitted with a<br>long touch<br>sensor along<br>its slide; sound<br>is synthesized<br>with a<br>microcontrolle<br>r  | changed as the<br>slide is moved<br>(as with a<br>regular<br>trombone) and<br>any touch on<br>the device's<br>slide produces<br>a digital input,<br>translated to<br>sound | Trombone<br>fitted with<br>long sensor<br>and<br>microcontrol<br>ler   | using touch<br>control only;<br>mimics<br>traditional brass<br>instrument<br>experience but<br>does not need to<br>be held or blown<br>into. Same size<br>as a typical<br>trombone. | rhythm can be<br>changed via<br>simplistic<br>controls, but<br>further<br>customization<br>requires further<br>programming;<br>sound can be<br>played through<br>speakers sound<br>separately | those who have no<br>prior experience<br>with brass<br>instruments. All<br>ages.  | traditional<br>trombone,<br>aimed to be<br>as<br>authentic-loo<br>king as<br>possible                                   | prototyping<br>phases, not<br>available for<br>commercial<br>purchase |
|------------------------|--|--|--|--|---|---|---|---|---|
|                        | Wheelchair<br>One-Man<br>Band [ <u>20</u> ]. | Solar-powered<br>keyboard is<br>affixed to a<br>user's<br>wheelchair in<br>order for them<br>to perform<br>music whilst<br>being able to<br>move.  | Keyboard is<br>solar-powered<br>so that no<br>external power<br>source,<br>batteries, or<br>wires are<br>required.   | Keyboard,<br>wheelchair<br>attachments,<br>internal<br>speakers.   | Pitches are<br>played by<br>pressing keys on<br>the keyboard.<br>Smaller than<br>average<br>keyboard,<br>attachable to a<br>wheelchair so<br>that it fits in the<br>user's lap.     | Different sounds<br>and pitches may<br>be created<br>depending on the<br>keyboard which<br>is used. Volume<br>and instrument<br>voice are widely<br>adjustable.                               | Aimed towards<br>users with<br>familiarity of piano<br>in order to be able<br>to play the desired<br>pitch on the<br>keyboard.<br>Primarily adults. | Designed<br>primarily for<br>ease of<br>mobility<br>while<br>creating<br>music;<br>"on-the-go"<br>design.               | Not currently<br>for sale.  |
| Digital<br>Instruments | EyeHarp<br>[21].                             | EyeHarp<br>software must<br>run on a<br>compatible<br>device running<br>Windows.<br>Supplemental<br>Tobii eye<br>tracker<br>software<br>tracks eye<br>movements to<br>control the<br>software. | A user looks at<br>a specific tone<br>or option on the<br>screen to place<br>their cursor<br>there and<br>produce a<br>digital sound.                                      | EyeHarp<br>software,<br>Tobii<br>Eyetracker<br>software<br>(sold<br>separately),<br>compatible<br>computer<br>system (sold<br>separately). | The software is<br>customizable to<br>the user and if<br>desired, the<br>software can be<br>controlled using<br>a mouse instead<br>of an eye tracker.<br>Size N/A.                  | Within the<br>software,<br>features such as<br>instrument,<br>chord, key,<br>volume, and<br>other features are<br>changeable as<br>desired.   | Can be adapted to<br>be used by<br>beginners to music<br>or professional<br>performers. All<br>ages.  | Simplistic<br>and easy to<br>use software<br>which<br>contains<br>large icons<br>for each note<br>in various<br>colors. | Free limited<br>version<br>available; full<br>version is<br>£589.     |

| Clari | rion [ <u>22</u> ]. | Software must<br>run on a<br>compatible<br>device running<br>Windows. | By hovering<br>the cursor over<br>an on-screen<br>keyboard key,<br>the desired note<br>is produced<br>through the<br>software. | Clarion<br>software,<br>compatible<br>controllers<br>such as<br>mouse/MIDI<br>breath<br>controller/ey<br>e tracker. | Compatible with<br>some MIDI<br>breath controllers<br>and eye trackers.<br>Size N/A. | Dynamics and<br>expressions are<br>controllable with<br>specific mouse<br>movements. | Targeted towards<br>both beginners to<br>music and for use<br>in performance.<br>Primarily children. | Based upon a<br>conventional<br>keyboard<br>layout.<br>Limited color<br>with<br>interactive<br>graphics that<br>react to<br>input. | N/A,<br>currently only<br>available for<br>users to test<br>through<br>organizations. |
|-------|---------------------|---|--|---|--|--|--|--|---|
|-------|---------------------|---|--|---|--|--|--|--|---|

# Table 3: Devices Designed Without Specified Intention for Use by Musicians with Disabilities

|                         | Product Name                    | Technology   | Functionality   | Parts  | Adaptability / Size   | Range of<br>Musical<br>Complexity   | Intended Level of<br>User's Musical<br>Knowledge / Age   | Aesthetic of<br>Design  | Price and<br>Availability  |
|-------------------------|---------------------------------|--|---|--|---|---|--|---|--|
| Physical<br>Instruments | pBone<br>Trumpet [ <u>23</u> ]. | Fully acoustic;<br>made with<br>plastic and<br>other light<br>material which<br>make the<br>trumpets<br>easier to hold<br>and play than<br>typical brass<br>instruments. | The instrument<br>is controlled by<br>a user's breath<br>input into a<br>mouthpiece.                                  | Instrume<br>nt and<br>plastic<br>mouthpi<br>ece                                    | Different materials<br>available to allow users<br>to hold an instrument<br>more comfortably.<br>Custom made<br>mouthpieces allow ease<br>of breath control.<br>Handheld, similar in<br>size to traditional brass<br>instruments. | Produces all<br>sounds and<br>musical<br>features of a<br>typical brass<br>instrument.  | Intended for<br>beginners to<br>music, or those<br>who may seek an<br>alternative to<br>begin learning<br>brass<br>instruments. All<br>ages. | Designed to<br>resemble<br>traditional<br>brass<br>instruments,<br>primarily<br>trumpets and<br>trombones.<br>Some in bright<br>colors. | Available for<br>commercial<br>purchase,<br>price varies<br>by instrument<br>from \$39.95<br>to \$630.00.      |
| Hybrid<br>Instruments   | MiMU<br>Gloves [ <u>24</u> ].   | Sensors within<br>the glove<br>record specific<br>hand motions<br>and<br>communicate<br>with the<br>software via<br>WiFi to  | Through<br>various<br>movements of<br>the hands and<br>fingers, users<br>are able to<br>perform music<br>kinetically. | One or<br>two<br>MiMU<br>gloves,<br>addition<br>al<br>software<br>and a<br>compati | Can be programmable<br>such that the user can<br>determine which<br>movements control<br>which movements.<br>Haptic feedback helps<br>the user communicate.<br>Fingerless gloves<br>which fit most hands.                         | Although<br>difficult to<br>master, the<br>gloves allow<br>for a full range<br>of musical<br>expression<br>through<br>software. | Intended for<br>users familiar<br>with music and<br>professional<br>performance.<br>Primarily adults.  | Sleek design in<br>all-black<br>material,<br>designed to<br>look like<br>fashionable<br>sleeveless<br>gloves.                           | Currently<br>sold out due<br>to chip<br>shortage; sold<br>as a pair for<br>£2,599 and<br>single for<br>£1,299. |

|  |  | produce<br>sound.  |  | ble<br>compute<br>r.   |  |  |   |  |   |
|--|--|--|--|--|--|--|---|--|---|
|  | Orba [ <u>25</u> ].                    | A device<br>which can<br>create a wide<br>range of<br>musical tones<br>and orchestral<br>composition<br>through simple<br>button controls<br>and an<br>optional app. | Users control<br>the device<br>through its<br>buttons, tilting<br>the device,<br>shaking it, and<br>many other<br>functions. | Orba 1/2<br>device,<br>optional<br>phone<br>app to<br>record a<br>new<br>instrume<br>nt sound.                                       | Many unique<br>movements of the<br>device can be used to<br>control the device and<br>can be played with one<br>hand. Small, fits in the<br>palm of a hand.  | Various<br>instrument<br>sounds are<br>available as<br>well as various<br>techniques<br>such as<br>tempo/key<br>adjustment<br>and looping<br>tracks. | Intended for all<br>levels of musical<br>knowledge.<br>Primarily adults.  | All black with<br>white markings<br>indicating<br>button controls,<br>sleek and<br>compact.                        | Orba (less<br>customizable<br>older version)<br>\$99.99. Orba<br>2 \$149.99.                |
|  | Linnstrument [ <u>26</u> ].            | Linnstrument<br>is a MIDI<br>controller<br>controlled<br>through<br>precise finger<br>movements  | Subtle finger<br>movements can<br>be detected to<br>reflect unique<br>music controls   | Linnstru<br>ment<br>MIDI<br>controlle<br>r, any<br>MIDI<br>synth or<br>compute<br>r<br>running<br>software<br>sold<br>separatel<br>y | Can be played using a<br>single finger. Also can<br>be played atop a table,<br>using a guitar strap;<br>can be used with<br>software, but functions<br>without it. 5 pound 1<br>inch thin, similar in<br>size to a small<br>xylophone. | Wide range of<br>precise and<br>unique music<br>complexity<br>with<br>arpeggiators<br>and<br>programmable<br>keys                                    | Intended for<br>those familiar<br>with music and<br>willing to spend<br>time learning the<br>control system                       | Resembles a<br>digital tablet,<br>with brightly<br>colored lights<br>indicating<br>notes being<br>played           | Linnstrument<br>128 (less<br>customizable)<br>\$1099.<br>Linnstrument<br>original<br>\$1499 |
|  | Roli Seaboard<br>RISE 2 [ <u>27</u> ]. | Measured<br>inputs of<br>pressure and<br>movement<br>from a user's<br>finger trigger<br>notes and<br>altered sounds  | By changing<br>applied<br>pressure, side<br>to side<br>movement, and<br>gliding<br>motions, users<br>can input               | Seaboar<br>d device<br>and<br>included<br>Equator2<br>software   | Can be played with<br>specified finger<br>movements; small frets<br>under the silicone top<br>allow for more accurate<br>precision.<br>Desktop-sized, similar<br>in size to a typing   | Over 1400<br>different<br>instrument<br>sounds<br>available in<br>the software<br>are compatible<br>with the   | Intended for<br>those familiar<br>with music and<br>willing to spend<br>time learning the<br>control system.<br>Primarily adults. | Sleek design,<br>all-black<br>device which<br>mimics the<br>layout of a<br>musical<br>keyboard but<br>has very few | Pre-order<br>available;<br>\$1,399  |

|                        |   | through the<br>attached<br>software.   | specific notes<br>or sounds like<br>vibrato by<br>touching the<br>raised bumps<br>on the surface.                                |  | keyboard.  | device, along<br>with advanced<br>music and<br>sound controls  |  | visible buttons<br>or controls   |  |
|------------------------|---|--|--|--|--|--|--|--|--|
|                        | Moog<br>Theremini<br>[ <u>28</u> ].         | Contact-free<br>device which<br>is controlled<br>by simple<br>hand<br>movements<br>next to a<br>sensor,<br>triggering a<br>note which can<br>be played<br>through a<br>speaker or<br>music<br>software | The user holds<br>their hands<br>above the<br>music and<br>controls the<br>sound through<br>various hand<br>motions.             | Theremi<br>n<br>synthesi<br>zer,<br>optional<br>sound<br>system<br>or<br>software<br>for more<br>control       | Built-in tuner displays<br>the pitch being played<br>to aid the user; a<br>corrective pitch mode<br>allows for only exact<br>pitches to be played.<br>Desktop-size, with a<br>larger sensor pointing<br>upwards. | 32 editable<br>presets allow<br>the user to<br>adapt the<br>sound, scale,<br>delay, and<br>more to be<br>altered             | Intende for both<br>educational use<br>by musicians<br>new to<br>performance as<br>well as seasoned<br>performers<br>seeking a new<br>instrument<br>experience | Retro-style<br>synthesizer<br>with knobs for<br>system controls<br>and a digital<br>screen to<br>display pitch   | Sold by<br>authorized<br>sellers for<br>\$399    |
| Digital<br>Instruments | EXA: The<br>Infinite<br>Instrument<br>[29]. | EXA Software<br>is compatible<br>with most VR<br>systems and<br>simulates<br>playing an<br>instrument<br>entirely<br>virtually   | A user wearing<br>a VR headset<br>and holding VR<br>controllers can<br>interact with<br>the immersive<br>space and play<br>music | EXA<br>software<br>,<br>compati<br>ble VR<br>headset<br>and<br>compute<br>r system<br>(sold<br>separatel<br>y) | Can be used with most<br>VR headsets. Size N/A.  | Musical<br>features such<br>as instrument,<br>layout of<br>notes, and key<br>can be<br>controlled<br>through the<br>software | Available to<br>users at any level<br>of musical<br>experience,<br>including those<br>looking to record<br>professional<br>music. All ages.                    | Simplistic and<br>easy to use<br>software which<br>contains large<br>icons for each<br>note in various<br>colors | Software<br>commercially<br>sold for<br>\$14.99. |

# **Discussion of Results**

Engineering education has a lack of representation in this area of study, meaning many engineers may not even consider the industry as a potential area of involvement. The findings of this study may not only demonstrate how limited and inaccessible these instruments currently are due to a lack of widespread attention and development, but also outline what the major areas of concern are when designing these instruments. Inclusion of adapted instruments in the breadth of engineering education curriculums and research can not only improve the experience of physically disabled musicians but also enable engineering students to develop a broader understanding of how engineering can be used to close gaps in equity.

Upon reviewing the survey of adaptive instruments, we were able to identify 9 major categories of design characteristics that appear to most contribute to an adapted instrument's usefulness to a physically disabled musician. These categories were analyzed per instrument as seen in Tables 2 and 3. By analyzing trends within these tables (i.e. determining most common expected age of user for all hybrid instruments), the summary of these trends can be found in the previous section. Overall, the devices vary in their intended users, musical complexity, adaptability, and price. Some are intended for actually disabled people, and some are not. Some are designed for beginners, while others are intended for more experienced musicians. Some are designed to be more accessible for people with disabilities, while others are intended for use in professional settings. The prices also vary widely, with some devices being relatively affordable and others being quite expensive.

Additionally, the findings reported here illustrate common characteristics that contribute to the effectiveness, accessibility, creativity, and availability of each category of instrument. Implications of combining ideal characteristics in designing future adapted instruments may result in more effective devices, and greater inclusivity in professional music. We also examined the availability of these devices and detailed the current experience of physically disabled musicians, based on the breadth of adapted instruments available. We further provide insights for engineers and designers, the musical community and industry, and engineering educators to enable greater understanding of the importance and positive social implications of accessible instruments.

# **Experience Of Disabled Community**

While more suitable for those with physical disabilities and generally compatible with a wide variety of specific users' needs, instruments intended for users of physical disabilities are often priced highly and not sold commercially due to long and costly prototyping phases. This limits accessibility and restricts equity in professional music performance. Such devices in physical and hybrid forms additionally tend to resemble traditional instruments. The likely reason for this is aiding its users in feeling less alienated from musicians who perform with traditional instruments. It replicates and provides the traditional music-making experience for those who

normally would be physically unable to do so due to limitations of traditional instruments. Input from disabled musicians is vital to understanding the needs of this audience, and is why the direct collaboration of engineers and physically disabled musicians has produced the most positive user testimony. As stated by Baker, "It is important to remember that two students who have the same disability may not benefit from the same adaptations and modifications. Every student is different, yet each needs to be taught in ways that allow them to learn most.." [9]. Thus, there is a need to amplify the unique voices of those with any variety of physical disability, and broaden this field such that more individuals may be supported by it.

# **Insights for Engineers and Designers**

Physical instruments intended for users with disabilities are rare, particularly concerning solely physical instruments, as the consideration of one's range of motion and mobility must be accounted for in order for the instrument to be played by a user with a physical disability. Because of its limited market, instruments both intentionally designed for and used by physically disabled musicians are often in limited production and distribution. In this case, solely digital devices like music production software provide a viable option for large-scale new non-traditional instruments because there is no need for development, prototyping, and production of a physical product. Many tools compatible with software such as MIDI breath controllers or VR sets are already largely available, more so than the tools needed for physical or hybrid instruments. However, the lack of a physical instrument may detract from the typical musical experience. Despite the successes and versatility of many instruments designed for users with disabilities, it is rare that one device is able to address the needs of multiple differing users. For example, a device may be well suited towards a one-handed user, but not a user with limited range of motion in their fingers. The goal of many accessible instruments is to address a specific issue and audience, in order to create instrument options for as wide an audience as possible while maintaining authenticity and musical complexity of the device. It was additionally noted that certain demographics are under-addressed, for example few devices address the needs of blind or hearing-impaired users. These findings align with those of Frid, who states, "In terms of target user groups, one can conclude that little attention has been paid to older adults or really young children in this context. Also, relatively little has been done for persons with visual or hearing impairment." [2]. A possible explanation for these areas of less focus may be that few solutions have yet been explored for these demographics, requiring further research and work alongside users who fall within these demographics to determine what characteristics of an accessible instrument may best support them.

# **Insights for Musical Community and Industry**

Physical instruments designed intentionally for users with disabilities are typically intended for children and those unfamiliar to music. Brightly colored, simplistic designs with easy-to-use controls make these an ideal tool for accessible music education, but not necessarily professional performance. They often provide an appropriate entrance into the field of music and encourage

and inspire young musicians. The instruments not designed intentionally for users with disabilities have been included in this survey due to their success when used by physically disabled musicians looking for alternatives to traditional music. These tools, particularly those in hybrid or software design, are generally unique, and do not necessarily replicate an existing instrument or explore musicality in new forms to push the bounds of traditional music performance. Growth of digital instruments for use in musical performance in general has created new opportunities for disabled musicians, due to their tendency to be more easily played and used than traditional acoustic instruments. Additionally, it eliminates a feeling of alienation a user may feel due to being unable to perform with a traditional instrument, because they encourage the furtherment of digital music devices for musicians of all ability and knowledge to explore more modern music-making tools which can provide all new techniques and sounds.

# **Insights for Engineering Educators**

In order for more engineers and designers to become aware of their needed contribution to this topic, it is vital that engineering educators become familiar with the aspects of this technology that are most effective and most important to the audience of physically disabled musicians, as this will allow further education on the topic and encourage engineering students to consider involvement in the music industry with a focus on promoting equity. In particular, our study found that 3 of all 20 instruments were designed with the intention to be controlled in multiple different ways. However, having these various methods of input makes a single instrument highly more useful to a wider range of users - yet these multi-input devices are largely unexplored [8]. Many of the organizations studied within this survey, such as OHMI Trust and Drake Music, frequently work alongside engineering educators and students to develop their prototypes and encourage collaboration between engineers and disabled musicians to create effective, accessible music technology. While this provides great opportunities to support individual musicians, it does not address problems we found within broad accessibility - for example, 60% of those devices specifically intended for physically disabled users were not commercially available for purchase. Engineering education serves as a pathway to broaden the focus on adapted instruments, as it allows for future engineers to be well-informed on the limitations of current devices and, if included in engineering curriculums, can encourage development of instruments that are both effective and commercially available due to an engineering student's knowledge of product markets and potential to partner with a larger corporation for production. Greater focus on this collaboration within engineering education departments can not only allow students to explore more interdisciplinary and practical applications of their studies, but also greater support the community of disabled musicians and increase the resources of these organizations so that more devices may become commercially available, affordable, and effective to the larger community of disabled musicians.

The development of accessibly-engineered instruments provides more than the ability to play music that it may supply to a user, but the cultural support and encouragement of disabled representation in music performance that these devices may cultivate, to see an eventual increase in the involvement of disabled musicians in professional music spaces. Due to the growing audience of individuals with disabilities, demand for accessible music is increasing, yet the current market of accessibly-engineered instruments is often too under researched and underdeveloped to support this demand. Thus, the music industry has become a necessary and promising endeavor for engineers and designers.

Future research into this topic may require a survey of physically disabled musicians and performers to determine what characteristics they feel best accommodate their needs and what design features appeal to them best. User testimony should be paramount in any future development of adapted instruments, as it proves to be most successful in creating adapted instruments which are successful in testing with disabled users. Additionally, addressing limitations of current instruments and combining all ideal features of a musical instrument can be used to conduct research and development for a new instrument which can be utilized by physically disabled users.

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